

FOOD SERVICES

Healthy Classroom Party Snacks

We would like to encourage parents to provide healthy snacks for classroom parties.

Snacks that are high in fiber and low in added sugar are ideal.

The Food service department is making available to parents, for their convenience, the following snacks that may be purchased for classroom parties. All items are ½ cup portion unless specified otherwise. Cost per student for each selection: .60

- Fresh Fruit Salad
- Yogurt and Berry Parfait (Low fat yogurt layered with fresh berries)
- Cheese, Fruit and Crackers
- Fresh Vegetables (Baby Carrots, Celery Sticks, Broccoli and Cucumber Slices) w/low fat ranch dressing
- Fruited Jell-o w/low fat whipped topping.
- Angel Food Cake w/fruit topping
- Goldfish Graham Crackers (.9 oz) or Scooby-Doo Cinnamon Graham Sticks (.9 oz)

Beverages Available:

- Milk (low fat, skim, chocolate, strawberry and vanilla)--
-.40 each
- Bottled Spring Water---.60 each
- 100% Juice Cups---.40 each

For more information or to place an order, please contact the Food Service Department at: 610.488.9955 ex. 112 or e-mail ddeola@tulpehocken.org and attach a Food Service Order Form.

Please allow 1 week advance notice.

Payment is due on before the day of the function.





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