

# Written Summary of Restraint Use\*

Student name: \_\_\_\_\_

Date of restraint: \_\_\_\_\_ Time began: \_\_\_\_\_ Time ended: \_\_\_\_\_

Nature of restraint (describe type of physical restraint used): \_\_\_\_\_  
\_\_\_\_\_

Location of restraint: \_\_\_\_\_

Name(s) of staff member(s) administering restraint: \_\_\_\_\_  
\_\_\_\_\_

Description of activity in which student was engaged immediately preceding the use of restraint: \_\_\_\_\_  
\_\_\_\_\_

## Student's behavior that prompted the restraint:

- Imminent serious physical harm to themselves
- Imminent serious physical harm to others
- Imminent serious physical harm to themselves and others
- Imminent serious property destruction
- Imminent serious physical harm to themselves and imminent serious property destruction
- Imminent serious physical harm to others and imminent serious property destruction
- Imminent serious physical harm to themselves and others and imminent serious property destruction

Explain student behavior(s) that prompted physical restraint: \_\_\_\_\_  
\_\_\_\_\_

## Efforts made to de-escalate the situation:

- Provided choices
- Verbal redirection
- Calming techniques
- Reduced demands
- Reduced verbal interaction
- Other \_\_\_\_\_

Explain: \_\_\_\_\_  
\_\_\_\_\_

## Alternatives to restraint that were attempted:

- Removal of other students
- Request for assistance
- Other \_\_\_\_\_
- Voluntary removal of student to another location

Explain: \_\_\_\_\_  
\_\_\_\_\_

Observation of student at end of restraint: \_\_\_\_\_  
\_\_\_\_\_